*Bellefonte Area Board of School Directors Meeting (September 16, 2025)*

Wednesday, September 17 – 8:00 p.m.

Thursday, September 18 – 12:00 p.m.

Friday, September 19 – 12:00 a.m. & 4:00 p.m.

Sunday, September 21 – 7:00 a.m. & 8:00 p.m.

*Chair Yoga*

Monday, September 15 – 8:30 a.m. & 6:00 p.m.

Tuesday, September 16 – 6:30 a.m. & 8:30 a.m.

Wednesday, September 17 – 8:30 a.m.

Thursday, September 18 – 5:00 p.m.

Saturday, September 20 – 8:30 a.m.

*Gentle Yoga*

Monday, September 15 – 6:00 a.m. & 10:00 a.m.

Tuesday, September 16 – 6:00 p.m.

Friday, September 19 – 6:00 a.m. & 10:00 a.m.

Saturday, September 20 – 6:00 a.m.

Sunday, September 21 – 6:00 a.m.

*Global Connections Television: Dr. Susan Smith*

Monday, September 15 – 4:00 p.m.

Tuesday, September 16 – 9:00 a.m. & 7:00 p.m.

Wednesday, September 17 – 6:00 a.m.

Sunday, September 21 – 7:00 p.m.

*High School Football: State College vs. Cumberland Valley (September 12, 2025)*

Saturday, September 20 – 8:00 p.m.

Sunday, September 21 – 3:00 p.m.

*\*Additional airings continue next week*

*Moving Freely*

Monday, September 15 – 7:00 a.m.

Tuesday, September 16 – 5:00 p.m.

Wednesday, September 17 – 7:00 a.m.

Friday, September 19 – 7:00 a.m.

*Strength Training for Senior Citizens*

Tuesday, September 16 – 7:00 a.m. & 4:00 p.m.

Thursday, September 18 – 4:00 p.m.

Friday, September 19 – 9:00 a.m.

Saturday, September 20 – 7:00 a.m.

*Weather Or Not*

Thursday, September 18 – 6:15 p.m.

Friday, September 19 – 5:45 a.m. & 8:15 p.m.

Saturday, September 20 – 2:45 p.m.

*White House Chronicle*

Monday, September 15 – 5:00 p.m.

Thursday, September 18 – 6:30 p.m.

Saturday, September 20 – 5:30 a.m.

*Zesty Chair Exercises*

Monday, September 15 – 8:00 a.m. & 5:30 p.m.

Tuesday, September 16 – 8:00 a.m.

Wednesday, September 17 – 8:00 a.m.

Thursday, September 18 – 5:30 p.m.

Friday, September 19 – 8:00 a.m.

Saturday, September 20 – 8:00 a.m.

Sunday, September 21 – 2:30 p.m.